



ELEMENTARY SCHOOL CLASSROOM MENU GRADES PreK-6

March 2021

NATIONAL SCHOOL BREAKFAST WEEK IN MARCH

		Lunch er	ntree symbols: Đ = Dairy-free						
TWO AT BREAKFAST:		<> = Plant-based							
Assorted Cereal (20-25g) or Graham Cracker (19g) and Yogurt (14g) or Cheese Stick (1g) Apple juice (14g) and fruit are served at breakfast also. 1% low		* bread (12g) or heat-n-serve grain Pork, seafood, and nut-containing products are not offered. Grams of carbohydrate for each food are listed as (g). Ingredient and other nutrition information available <u>online</u> at: CCSOH.US>Food Services and Menus>Itemized Food List							
					fat white milk (12g) or skim chocolate milk (24g) are offered at		Menu is subject to change.		
					meals.		This institution is an equal opportunity provider, employer, and lender.		
					A complete breakfast and lunch are FREE to every student!!		This institution is an equal opportantly provider, employer, and lender		
					3/8	3/9	3/10	3/11	3/12
Cohort A MONDAY Lunch	Cohort A TUESDAY Lunch	WEDNESDAY	Cohort B THURSDAY Lunch	Cohort B FRIDAY Lunch					
 Lasagna Roll Up (37g) <> 	Hamburger on Bun	NO CLASSES AT	Lasagna Roll Up	Hamburger on Bun (20g)					
& *Bread	(20g) Đ	SCHOOL	(37g) <> & *Bread	Ð					
or	or		or	or					
• WOW Soy Butter & Jelly	• Cheese Cup (1g) &	Pick up 5-day meal	• WOW Soy Butter &	 Cheese Cup (1g) & Salsa 					
Sandwich (55g) <>	Salsa (5g) & Tortilla	pack at a Fuel Up	Jelly Sandwich (55g)	(5g) & Tortilla Strips					
	Strips (23g) <> &	site.	<>	(23g) <> & *Bread					
	*Bread	site.							
Vegetable and Fruit	Vegetable and Fruit		Vegetable and Fruit	Vegetable and Fruit					
3/15	3/16	3/17	3/18	3/19					
Cohort A MONDAY Lunch	Cohort A TUESDAY Lunch	WEDNESDAY	Cohort B THURSDAY Lunch	Cohort B FRIDAY Lunch					
 Cheese Pizza (27g) <> 	 Macaroni and 	NO CLASSES AT	 Cheese Pizza (27g) 	 Macaroni and Cheese 					
or	Cheese (31g) &	SCHOOL	<>	(31g) & Bread <>					
 Peeps {hard-boiled 	Bread <>		or	or					
eggs} (2g)	or	Pick up 5-day meal	 Peeps {hard-boiled 	• Turkey Sticks (0g) &					
*Bread	• Turkey Sticks (0g) &	pack at a Fuel Up	eggs} (2g)	Tortilla Strips (25g) Ð &					
	Tortilla Strips (25g) Đ	site.	*Bread	*Bread					
	& *Bread								
Vegetable and Fruit	Vegetable and Fruit		Vegetable and Fruit	Vegetable and Fruit					

Week 1 & 2 menu cycles

CCS Food Services 3/23/2021





ELEMENTARY SCHOOL CLASSROOM MENU GRADES PreK-6

March/April 2021

Assorted Cereal (20-25g) or Graham Cracker (19g) and Yogurt (14g) or Cheese Stick (1g) Apple juice (14g) and fruit are served at breakfast also. 1% low fat white milk (12g) or skim chocolate milk (24g) are offered at meals. CCSOH.US	od, and nut-containing products f carbohydrate for each food ar d other nutrition information a >Food Services and Menus>Item	e listed as (g).		
and Yogurt (14g) or Cheese Stick (1g)Pork, seaforApple juice (14g) and fruit are served at breakfast also. 1% low fat white milk (12g) or skim chocolate milk (24g) are offered at meals.Pork, seafor Grams o Ingredient ar CCSOH.USA complete breakfast and lunch are FREE to every student!!This institution is $3/22$ Cohort A MONDAY Lunch $3/23$ Cohort A TUESDAY Lunch $3/24$ WEDNESDAY• Chicken Nuggets (13g) \overline{P} or • Chicken Nuggets (13g) \overline{P} or Cheese (2g) & Tortilla Strips (25g) & *Bread• Pepperoni Pizza (28g) or • Sun Butter (14g) & Jelly (9g) & BagelNO CLASSES AT SCHOOL	* bread (12g) of od, and nut-containing products f carbohydrate for each food ar id other nutrition information a S-Food Services and Menus-Iter	s are not offered. e listed as (g).		
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or(28g)SCHOOL• Bean Dip (12g) &orPick up 5-day mealCheese (2g) &Tortilla Strips (25g) & *Bread• Sun Butter (14g) & Jelly (9g) & Bagelpack at a Fuel Up	3/25 Cohort B THURSDAY Lunch	3/26 Cohort B FRIDAY Lunch		
	 Chicken Nuggets (13g) Đ or Bean Dip (12g) & Cheese (2g) &Tortilla Strips (25g) & *Bread 	 Pepperoni Pizza (28g) or Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> Đ 		
Vegetable and Fruit Vegetable and Fruit	Vegetable and Fruit	Vegetable and Fruit		
3/293/303/31Cohort A MONDAY LunchCohort A TUESDAY LunchWEDNESDAY	4/1 Cohort B THURSDAY Lunch	4/2 Cohort B FRIDAY Lunch		
 Cheese Pizza (27g) <> or (20g) ⊕ SCHOOL Peeps {hard-boiled eggs} ⊕ <> (2g) & *Bread WOW Soy Butter & Jelly Sandwich (55g) <> site. 	NO CLASSES AT SCHOOL	NO CLASSES AT SCHOOL		
Vegetable and Fruit Vegetable and Fruit				

Week 3 & 4 menu cycles

Spring Break April 2nd to 9th.... No Classes at School

CCS Food Services 3/23/2021